

HOT MEAL MENU

	MONDAY (24/10)	TUESDAY (25/10)	WEDNESDAY (26/10)	THURSDAY (27/10)	FRIDAY (28/10)
NON-VEG	Chicken Meatball Tomato Sauce Spaghetti (G/D)	Ground Beef Stroganoff /Steam Rice (D)	Roasted Chicken Tomato Sauce/ Vermicelli Rice	Chicken Briyani/ Raita (D)	
VEGETARIAN	Paneer Masala/Steam Rice/Chappathy (D/G)	Penne Pasta Tomato Sauce/ Sweet Corn/ Tomato Twist Bread (G/D)	Mac Pasta Baked / Green Peas /Focaccia (G/D)	Rigatoni Tomato Sauce/ Roasted veg (G/D)	Veg Biryani & Raita (G/D)
	MONDAY (31/10)	TUESDAY (01/11)	WEDNESDAY (02/11)	THURSDAY (03/11)	FRIDAY (04/11)
NON-VEG	Beef Lasagne / Roasted Veg/ Focaccia (G/D)	Chicken Mandi/ Yoghurt (D)	Beef Corn Carne/Sweet Corn/ Steam Rice /	Chicken Tikka Masala / Steam Rice (D)	
VEGETARIAN	Cauliflower, Brocoli Gratin & Tomato Twist Bread (G/D)	Mac Pasta Baked / Corn/ Focaccia (G/D)	Ricotta Ravioli/ Brown Baguette Slice/ Garlic Infused Roasted Veg (G/D)	Spaghetti Napolitana/ Green Peas/ Focaccia (G/D)	Paneer Tikka Briyani /Raita (D)

CANTEEN GRAB & GO MENU

SANDWICHES & SALADS

AED

TURKEY CHEESE CROISSANT	11
CREAM CHEESE BAGEL	13
VEGAN CHICKPEA WRAP	11
BROWN PAVE HAM & CHEESE TOASTIE	14
CHICKEN TIKKA WRAP	11
BEEF CHEESE PANINI BAGUETTE	15
CHICKEN BURGER	13
CHICKEN CAESAR WRAP	10
TOMATO PASTA SALAD	11
CHICKEN CAESAR SALAD	13
HOT PACKED MEAL	14

SNACKS 50-60GV

AED

BLUEBERRY MUFFIN	7
CARROT MUFFIN	7
RED VELVET MUFFIN	7
BANANA BREAD	7
PLAIN CROISSANT	5
CHEESE TOPPED CROISSANT	6
CHEESE MANAKISH	8
PIZZA MARGARITA	7
MARMUM ASSORTD FRUIT YOGURT	4
WHOLE FRUIT	2

BEVERAGES

AED

BARAKAT APPLE JUICE 200ML	9
BARAKAT WATERMELON JUICE 200ML	9
BARAKAT ORANGE JUICE 200 ML	9
LONG LIFE JUICE 200ML (MARMUM)	3
BOTTLED WATER	2
LOW FAT MILK 200ML	3
LABAN COOL NATURAL 200ML	2