At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.



# **Advice for Parents & Educators**

# **REMOVE ADVERTISEMENTS**

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Adverts on YouTube Kids are as pervasive as they are on its parent app. If you'd prefer a child wasn't exposed to ads, a paid subscription to YouTube Premium removes adverts on YouTube Kids. It's worth remembering, though, that this won't block adverts or promotions which creators include in their videos - and children are still able to watch channels belonging to fast food or toy companies.

## **BE WARY OF UNSUITABLE CONTENT**

YouTube Kids has a lower chance of showing 18 unsuitable material than YouTube, but there have still been reports of malicious users deliberately CENSORE uploading inappropriate content. It's important to communicate openly with children if they're exposed to any inappropriate content, to help them feel more comfortable coming to you in the future. It's also a good idea to report inappropriate clips, which can be done by tapping the three dots in the corner of the video

#### DISABLE THE SEARCH OPTION

YouTube Kids allows you to disable the search feature, which may be useful in preventing a child from unintentionally finding age-inappropriate content. Doing this will also give you more control over what younger users can watch. It's also worth noting that setting an age limit will ensure that children are only exposed to recommended videos that have been deemed suitable for their age group.

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#### RESTRICT VIEWING TIME

The YouTube Kids app provides the option of setting up a timer to monitor and limit a child's daily usage: it automatically stops the video when it reaches the pre-set time. It may be best to make use of this feature to prevent screen addiction, which can potentially lead to youngsters staying up too late, affecting their mood and concentration the following day.



YouTube Kids has also made it possible for parents and carers to see what their children are watching on the app by clicking on the 'Recommended' icon on the top right of the home screen. It may also be worth having a look at what the child has recently watched by clicking on their history tab. The red bar on the video shows how much of the video they've watched.

## WATCH TOGETHER



It's important to make YouTube Kids a fun and positive experience for children. This may require some time being spent finding channels and content that young people will enjoy and benefit from. Try introducing family sessions where you can share the most enjoyable videos that you and the child have recently watched. This can be a great way of giving you both new things to talk about.

#### Meet Our Expert

Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.

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