



مدرسة جيمس متروبول الواحة  
GEMS Metropole School  
AL WAHA

# Primary School Enrichment

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A guide to scheduled enrichment lessons



Term 1.1 2024-25

September -  
October 2024

# What is Enrichment at MTW?

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At GEMS Metropole School Al Waha, enrichment lessons refer to activities and programs that go beyond the standard curriculum to challenge students, spark their curiosity, and develop their confidence. These are planned into the school week during lesson time. They are held across key stages, meaning that students have the opportunity to mix with peers from other classes who share similar interests.

These are extra opportunities for your child to explore new interests, develop talents, or dive deeper into subjects they love. Another goal of enrichment is to help students stay engaged and motivated through activities that can boost their confidence, foster critical thinking, and even help them discover passions they might not find in regular classes.

By offering enrichment, we aim to nurture well-rounded learners who are excited about their education and better prepared for the future.



During Term 1, Enrichment lessons will take place at the following times:

- Year 1 and 2 - Friday 9.50am - 11am
- Year 3 and 4 - Wednesday 1pm - 2.40pm
- Year 5 and 6 - Thursday 1pm - 2.40pm

Year 1 & 2

# Enrichment Options

## *Nurturing Curiosity*



### Cricket

Cricket club introduces children to the basics of the game, fostering curiosity about teamwork, strategy, and coordination. As they learn to bowl, bat, and field, children explore different techniques, ask questions about game rules, and develop an understanding of how physical activity connects with problem-solving.



### Active Dance

Active Dance lets children explore movement in fun and creative ways, sparking curiosity about rhythm, patterns, and self-expression. As they try out different dance styles, they learn how their bodies move to music, ask questions about routines, and gain confidence in trying new movements.



### Crafts

Crafts club encourages children to use their imagination and curiosity to create something new. By experimenting with materials like paper, paint, and clay, children explore different textures, shapes, and colours. This hands-on experience promotes curiosity about how things are made, while developing their fine motor skills.



### Choir and Games

Choir and Games combines singing with interactive play, encouraging children to explore music and social interaction. As they sing, they discover how sounds are made, ask questions about melodies, and participate in musical games that spark curiosity about rhythm and teamwork.



### ELL

ELL club helps children who are learning English explore language in fun and engaging ways. Through games, songs, and storytelling, children build curiosity about new words and phrases, making language learning an exciting adventure. They ask questions and experiment with words, enhancing their communication skills.





## Dance

Dance club allows children to express themselves through movement while fostering curiosity about different cultures and dance styles. By exploring various dance techniques, they ask questions about music and choreography, helping them understand how movement tells a story.



## Finger Gym

Finger Gym promotes curiosity through fine motor skill activities that challenge young children to use their hands in new ways. From threading beads to manipulating playdough, children explore how their fingers can move and create, sparking questions about precision and coordination.



## Yoga

Yoga introduces children to simple poses and breathing exercises that promote curiosity about their own bodies and emotions. As they practice different movements, children ask questions about how their muscles work and how deep breathing can help them feel calm, fostering self-awareness and curiosity about wellness.



## Exploring Animals

Exploring Animals club sparks children's natural curiosity about the animal kingdom. Through activities like observing animal behaviours in the Farm, learning fun facts, and role-playing as their favourite animals, children ask questions about habitats, diets, and the diversity of life.



## Construction

Construction club lets children build, create, and explore how things fit together. Using blocks, Lego, and other materials, they foster curiosity about structures, ask questions about design, and experiment with balance and stability while developing their problem-solving skills.



## Science Exploration

Science Club inspires young minds to ask questions and explore the world around them. Through fun experiments and hands-on activities, children learn to observe, hypothesize, and test ideas, sparking curiosity about how the natural world works, from simple chemistry to physics.





## Coding

Coding club introduces children to the basics of programming through interactive games and activities. As they explore how to give instructions to computers, children's curiosity about technology is piqued. They ask questions, experiment with coding puzzles, and learn to think logically while having fun.



## British Sign Language

British Sign Language club introduces children to the basics of sign language, fostering curiosity about communication. As they learn simple signs for everyday words, children ask questions about how people communicate in different ways, promoting understanding and empathy for diverse communication styles.



## Green Fingers

Green Fingers club lets children explore nature hands-on by gardening and learning about plants. Through digging, planting, and observing nature, children's curiosity is encouraged as they ask questions about how things grow, learn about different plants, and explore their environment.



## Mindful Music

Mindful Music combines music and mindfulness, encouraging children to explore sounds and emotions. As they listen to and create music, they ask questions about how different sounds make them feel, sparking curiosity about the emotional and sensory power of music.



## Book Worms

In Book Worms, children's curiosity is sparked as they create their own stories, characters, and finger puppets. They explore storytelling through play, asking questions about plot and character development, and learning how to express their imagination through words and art.



## Puzzles

In Puzzles club, children's natural curiosity is ignited as they solve different types of puzzles, from jigsaws to brainteasers. They explore how pieces fit together and ask questions about problem-solving strategies, building logical thinking and perseverance.

# Enrichment Options

## Nurturing Confidence

### Junior Duke

This year, all students will be supported to complete the Junior Duke Award for their year group. Preparation lessons will take place during one Enrichment lesson, whilst they will be able to choose an activity of their choice for the other session.

The Junior Duke program is an award scheme aimed at younger students, similar to the Duke of Edinburgh's Award, but tailored for younger age groups. It encourages the development of various skills, resilience, and personal growth through a series of challenges at different levels.

#### Bronze Level - Year 3

- The challenges at this level aim to introduce children to new skills and experiences.
- Tasks may include activities like knot tying, hygiene instruction, preparing a basic meal and gardening.

#### Silver Level - Year 4

- The challenges at this level become a bit more complex, encouraging greater independence and responsibility.
- Tasks might involve more advanced cooking, helping with chores, leadership responsibilities or learning basic first aid.

All students will take part in the preparatory lessons so are encouraged to sign up to the programme. They will receive an award on completion of each level.



### Cricket

Cricket club helps children build confidence by learning teamwork, strategy, and individual skills like batting and bowling. As they practice and improve, children become more confident in their abilities, and by working together, they gain confidence in communication and collaboration.



### Team Games

Team Games encourages children to work as part of a group, helping them gain confidence in their leadership and communication skills. Playing various team-based games, children learn how to support and rely on others, building trust and self-assurance in social settings.



### Puzzles

Puzzles club develops problem-solving abilities, boosting confidence as children tackle increasingly challenging puzzles. As they collaborate and share ideas, children gain confidence in their thinking and communication skills, learning to approach problems with perseverance and creativity.







## Choir

Choir promotes confidence through performance and self-expression. Children learn to sing in a group, gaining confidence in their vocal abilities. Performing together helps them feel comfortable in front of others, while practicing regularly builds confidence in their progress.



## Spanish

Spanish club introduces children to a new language, building confidence as they practice speaking, listening, and reading in Spanish. As they master new words and phrases, children feel more confident in their ability to communicate in different contexts and cultures.



## ICT Skills

ICT Skills club helps children build confidence in using technology. Whether learning to code, design, or navigate software, children gain a sense of accomplishment by developing digital skills that are essential for the future.



## Mathletes

Mathletes club challenges children to solve math problems and puzzles, building confidence in their mathematical abilities. Working both individually and in teams, children explain their thinking, boosting their confidence in presenting ideas and tackling challenges head-on.



## Futsal

Futsal is a fast-paced version of soccer that helps children build physical confidence and quick decision-making. The small-sided game encourages communication and teamwork, helping children feel more confident in their abilities both on and off the field.



## German

German club introduces children to the basics of the German language and culture. Through fun activities, children build confidence in their ability to understand and speak a new language, gaining pride in their progress with each new word and phrase learned.





## Book Club

Book Club promotes confidence in reading and public speaking. As children discuss stories, share ideas, and create their own narratives, they become more comfortable expressing their thoughts, boosting self-confidence in a supportive, literary environment.



## Board Games

Board Games club enhances strategic thinking and decision-making skills, helping children gain confidence in their ability to solve problems. Playing games with others also fosters social interaction and sportsmanship, boosting their confidence in social settings.



## Origami

Origami encourages patience and precision, helping children build confidence in their creativity and fine motor skills. As they fold and create intricate paper designs, children gain pride in their artistic achievements, enhancing self-assurance.



## Advertising

Advertising club allows children to use their creativity and persuasive skills to design campaigns and advertisements. By expressing ideas and presenting them to others, children build confidence in their public speaking, communication, and design abilities.



## Yoga and Mindfulness

Yoga and Mindfulness encourages children to connect with their bodies and emotions, building inner confidence. Through gentle yoga poses and mindfulness activities, children learn to relax and manage stress, helping them feel more in control of their thoughts and actions.



## Art

Art club nurtures creativity and self-expression, helping children build confidence through artistic exploration. As they experiment with different mediums and techniques, children gain pride in their creations and the confidence to express their ideas visually.





# Enrichment Options

## *Nurturing Confidence*

### Junior Duke

The Gold and Platinum Levels of the Junior Duke program are designed for older students, typically in the upper primary school years. Both the Gold and Platinum Levels require students to take on increasingly complex tasks that demand planning, problem-solving, and personal initiative. Completing these levels gives students a sense of accomplishment and prepares them for future challenges, both in school and beyond.

#### Gold Level - Year 5

- The activities at these levels are more challenging and are intended to build on the skills developed in the earlier levels, encouraging greater independence, leadership, and responsibility.
- Tasks may include activities like organising events, taking part in community service, budgeting and performing.

#### Platinum Level - Year 6

- The Platinum Level is the highest level in the Junior Duke program, typically aimed at students who are around the end of their primary school years or beginning secondary school. The activities are designed to be particularly challenging, fostering a high level of independence, critical thinking, and leadership.
- Tasks might involve more advanced first aid, charity events, leading a group or team and enterprise.



### Cricket

Cricket develops communication through team strategies and tactics. As children work together to plan fielding positions, run strategies, and batting orders, they learn to communicate effectively under pressure, boosting confidence both in the game and in their interpersonal skills.



### Fitness Club

This club encourages children to set fitness goals and support each other through group activities. By communicating and motivating their peers, children build confidence in their ability to influence and encourage others, while also learning the value of health and well-being.



### Art - Sketching and Drawing

In this club, children express themselves visually and learn to share their creative process. Presenting and discussing their art with peers fosters confidence in their artistic expression and communication, encouraging them to articulate their ideas and listen to feedback.





## Choir

Choir enhances vocal confidence and performance skills. Children learn to harmonize, communicate through song, and perform as a group, which helps them gain confidence in using their voice and in performing in front of others.



## IT - Computer Skills

This club promotes confidence in digital literacy by encouraging students to share their ideas, troubleshoot challenges, and collaborate on projects. As they explain and assist peers, children develop communication skills that build confidence in both technology and social interaction.



## Chess

Chess promotes strategic thinking and communication as children discuss tactics, explain their moves, and engage in friendly competition. It builds confidence in their ability to plan ahead, analyse, and communicate effectively.



## Team Games

Team Games foster collaboration and communication as children work together to achieve a common goal. Through discussing strategies and giving feedback, children build confidence in their ability to cooperate and lead in a team setting.



## Debate

Debate Club hones public speaking and argumentation skills. Children practice presenting their ideas clearly, listening to opposing views, and crafting persuasive arguments, which builds confidence in their ability to communicate effectively and think critically.



## Origami

Origami encourages patience and focus while promoting communication as students share folding techniques and work through challenges together. Teaching and learning from peers build confidence in explaining ideas and collaborating on creative projects.





## Art

Art club allows children to explore various artistic mediums while discussing their creative choices. The process of sharing and explaining their art builds confidence in self-expression and communication, helping them articulate visual ideas.



## Photography

Photography club helps children express their perspective through images and learn to communicate stories visually. By discussing their photos and explaining what they capture, children build confidence in their ability to communicate ideas creatively.



## Salsa - Rueda

Salsa - Rueda teaches dance moves in a group setting where coordination and communication are key. As children take turns leading and following, they develop confidence in expressing themselves through movement and working harmoniously with others.



## Journalism

Journalism teaches children to research, interview, and write stories. Communicating through articles and interviews builds confidence in their ability to ask questions, gather information, and share stories with a larger audience.



## Comic Book / Animation

In this club, children create their own characters and stories through comic art or animation. As they share their narratives and collaborate on ideas, they gain confidence in storytelling and communicating complex ideas visually.



# Other Enrichment this Term

During Term 1, additional enrichment lessons will take place for students across the key stages, before, during and after school.

As the year progresses, the opportunities on offer will increase.

Opportunities for Foundation Stage Students will begin after the October Half Term.



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>PE ECA (am)</b> 06.45 – 07.30			Primary Basketball (Primary SH) U8 & U9 <b>T.Scorgie</b>		Primary Basketball (Primary SH) U10 & U11 <b>T.Scorgie</b>
<b>PE Dassa Squads</b>  15.05 onwards – depending on weekly fixtures	U8&9 Girls Netball (Muga) <b>A.Baille &amp; A.Lyons</b>  U8&9 Boys Football (4G) <b>S.Devlin &amp; P.Napier</b>		U10 & U11 Boys football (4G) <b>M.Shah &amp; S.Devlin</b>  U10 & U11 Girl's Netball (Muga) <b>A.Lyons &amp; A.Baille</b>		
<b>PE ECA's</b> After School		Primary Swimming (Pool) <b>A.Lyons</b>		Primary Cricket (Cricket Nets) <b>M.Shah</b>	
Lunchtime Club	Maths Challenge Lower Key Stage 2 <b>Mr Edmonds</b>	Poetry and Performance Key Stage 1 <b>Ms Prentice</b>	Scientific Enquiry Upper Key Stage 2 <b>Ms Latham</b>	Public Speaking (bi-lingual) Upper Key Stage 2 <b>Mrs Begley &amp; Mrs Ismail</b>	

Paid After School Activities are also offered through the provider ESM. All Extra Curricular activities can be booked via the [esm.ae](http://esm.ae) webpage.

