



2024 - 2025

SPORTS
GUIDE





“SPORTS DO NOT BUILD CHARACTER.
THEY REVEAL IT.”

- JOHN WOODEN
(LEGENDARY BASKETBALL COACH)



Discover all the thrilling opportunities
our PE department offers beyond the
standard curriculum this academic
year.

Inside, you'll find:

- Extra-curricular Sessions: Engage in a variety of sports and physical activities designed to excite and challenge students.
- DASSA League Teams: Learn about our teams competing in the Dubai Affiliated School Sports Association (DASSA) leagues, providing a supportive environment for students to excel.



esm

Hello! I'm Tom Scorgie, thrilled to join GEMS Metropole Al Waha as your Director of Sport. With extensive leadership experience and exposure to top-level sport, I'm excited to bring my passion for sports education to the Metropole Mavericks.

This brochure is designed to be a comprehensive guide to the exciting opportunities our PE department offers. Inside, you will find detailed information on extra-curricular sessions, DASSA league teams, and specialized programs for both primary and secondary students.

This brochure serves to inform and inspire our community, showcasing how we aim to foster our 'Maverick' spirit. Being a Metropole Maverick means embracing the MTW Family's shared vision, mission, and values, both on and off the field. While managing our PE department is a key part of my role, my primary focus is to ensure that the sporting provision we offer is broad, inclusive, and of the highest quality.

I am committed to working closely with our MTW Family to create the best possible environment for our Mavericks to excel and enjoy the wonderful world of sports. Thank you for being a part of this journey, and I look forward to a fantastic year ahead with our Metropole Mavericks.

DIRECTOR OF SPORT



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Hello! I'm Ciara Kirby, The Head of Physical Education at GEMS Metropole School Al Waha. With a wealth of experience in sports education and a genuine passion for fostering a love of physical activity, I am eager to continue my contribution to the dynamic PE program here at MTW.

Outside of curriculum PE provision, MTW offers a plethora of exciting and dynamic opportunities available for all students. As a Department, our goal is to provide a platform that not only informs but also inspires, showcasing our commitment to nurturing the 'Metropole Mavericks' spirit.

HEAD OF P.E



CIARA KIRBY

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At MTW, being a 'Maverick' is more than just a title; it represents a commitment to our school's vision, mission, and values, both in sports and in our broader community. My role as Head of Physical Education extends beyond managing the PE Department as I am dedicated to ensuring that our sporting provision is inclusive, diverse, and of the highest quality. I look forward to working closely with the entire MTW family to create an environment where every student can thrive and develop a lifelong passion for sports and physical activity.

I am excited for the fantastic year ahead and look forward to seeing our Metropole Mavericks shine both on and off the field.

“TRUE CHAMPIONS ARE MAVERICKS;
THEY BLAZE THEIR OWN TRAIL,
PUSHING BOUNDARIES AND
INSPIRING OTHERS TO FOLLOW THEIR LEAD.”



PRIMARY SCHOOL:

Focuses on foundational sports and activities for younger students, with fun, skill-building sessions and introductory team sports.

SECONDARY SCHOOL:

Details advanced programmes for older students, including specialised training, ensuring parents can easily find relevant information for their child's age group.

The PE department is excited for the 2024-2025 Metropole Mavericks season, anticipating a year of growth, teamwork, and sporting excellence!



The DASSA leagues offer students the chance to represent their schools and showcase their talents in a safe, structured environment, promoting athletic excellence and sportsmanship.



ECAs

Our after-school extra-curricular activities cover a wide range of sports, fostering personal growth, healthy competition, teamwork, and physical fitness, enhancing the overall educational experience.

24/25 SEASON

Trials and sign-ups for the 24/25 Mavericks season begin in Term 1. Trials during PE lessons will lead to invitations for after-school training. ECA sign-ups will be sent out in the first week of Term 1. Stay tuned for the release date and join the excitement!

ESM partners with our school to enhance student development through a range of engaging and innovative extracurricular activities. They utilize our state-of-the-art facilities to offer **paid** clubs that foster academic, athletic, and personal growth for students. These programs provide opportunities for students to explore new interests and develop essential skills. This collaboration enriches our school community and ensures that every student can thrive both inside and outside the classroom.



**“SPORTS TEACHES YOU CHARACTER,
IT TEACHES YOU TO PLAY BY THE RULES,
IT TEACHES YOU TO KNOW WHAT IT FEELS LIKE
TO WIN AND LOSE - IT TEACHES YOU ABOUT LIFE.
- BILLIE JEAN KING”**
(LEGENDARY TENNIS PLAYER)



PRIMARY

TERM 1

TERM 2

TERM 3

DASSA SQUADS

- U8 Boys Football
- U9 Boys Football
- U8 Girls Netball
- U9 Girls Netball
- Swimming
- Cross country
- U10 Girls Netball
- U11 Girls Netball
- U10 Boys Football
- U11 Boys Football

- U8 Girls Football
- U9 Girls Football
- Athletics
- U10 Girls Football
- U11 Girls Football

- U9 Rounders
- U11 Rounders
- U9 Badminton
- U11 Badminton
- U9 Cricket
- U11 Cricket
- Swimming
- U9 Boys Basketball
- U11 Boys Basketball
- U9 Girls Basketball
- U11 Girls Basketball
- U11 Boys Basketball

ECA

- Cricket
- Football
- Swimming
- Athletics

- Cricket
- Rounders
- Badminton
- Basketball

- Swimming
- Football
- Netball

ESM

- Dubai City Football Club
- Budo Juku Evolve (*Karate & Jui Jitsu*)
- Rackets Tennis Academy
- Dance 4 U (*Cheerleading*)
- Beyond Basketball
- Shine Rhythmic Gymnastics Club
- Hamilton Aquatics (*Swimming*)

SECONDARY

TERM 1

TERM 2

TERM 3

DASSA SQUADS

- U12 Boys Football
- U13 Boys Football
- U14 Boys Football
- U12 Girls Football
- U13 Girls Football
- U14 Girls Football

- U12 Girls Netball
- U13 Girls Netball
- U14 Girls Netball

- U12 Boys Basketball
- U13 Boys Basketball
- U14 Boys Basketball
- U12 Girls Basketball
- U13 Girls Basketball
- U14 Girls Basketball
- U13 Rounders
- U13 Cricket

ECA

- Netball
- Cricket
- Swimming
- Athletics
- Strength & Conditioning

- Basketball
- Rounders
- Cricket
- Strength & Conditioning

- Swimming
- Football
- Strength & Conditioning

ESM

- Dubai City Football Club
- Budo Juku Evolve (*Karate & Jui Jitsu*)
- Rackets Tennis Academy
- Dance 4 U (*Cheerleading*)
- Beyond Basketball
- Shine Rhythmic Gymnastics Club
- Hamilton Aquatics (*Swimming*)



مدرسة جيمس متروبول الواحة
GEMS Metropole School
AL WAHA

Nurturing
LEADERSHIP